



Community News

This Sunday's Counsel

THEME:

We strengthen our spiritual life when we trust Jesus to calm the storms in our life.

PROMISE:

"They cried to the Lord in their distress.. he rescued them" (Ps 107:28)

WORD:

Jb 38:1, 8-11
Ps 107:23-24, 25-26, 28-29, 30-31
2 Cor 5:14-17
Mk 4:35-41

ORDERS:

- *Be still* (Mt 28: 19)
- *Whoever is in Christ is a new creation...behold new things have come* (2 Cor 5:17)

DIRECTIONS:

- Seek God's presence, pray, wait, trust him and embrace his grace when you stumble.
- Engage in God's work of reconciliation by loving, forgiving and sharing hope with others.
- Be transformed in the power of your faith in Jesus Christ.

Amidst the Storms

REFLECTION:

In the Gospel reading this Sunday, Jesus rebukes the wind and calms the sea. He was awakened by the disciples because they were afraid, and Jesus asked, "Why are you terrified? Do you not yet have faith? This is



the same question that Jesus asks when fear takes hold of and paralyzes us. What are the storms in your life that weigh you down? We all have anxieties and fears and they come from many sources: receiving bad news about our health, family problems, loss of loved ones, or loss of employment and source of livelihood. When these come, we ask, how do I handle these fears? Can I overcome these life-threatening challenges?

In his letter to the Romans, St. Paul tells us, "For you did not receive the spirit of

slavery to fall back into fear, but you have received the spirit of sonship," (Rom 8:15). Through baptism, we are adopted into the family of God. This sonship or adoption allows us to cry out "Abba, Father!" In our intimate relationship

with the Father, we are blessed with many glorious gifts. One of these gifts is the Spirit which He sends to us through His Son, Jesus, and the grace that allows us to be courageous against the slavery of fear.

Jesus was with the disciples in the boat as a squall was raging. Yet they were still frightened, and in their desperation forgot their faith. We can begin to imagine their feeling of hopelessness had they been alone! Like the disciples at times, we too succumb to distress and fear even if we

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Tending the Flick

The Sign Of The Cross

The divine Trinity takes up his abode in us on the day of our Baptism: "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit". Every time we sign ourselves with the sign of the Cross we remember God's name in which we were baptized. With regard to the sign of the Cross a theologian, Romano Guardini, remarked: "We do it before praying so that... we may put ourselves spiritually in order; focus thoughts, heart and will on God; after praying, so that what God has given us may remain within us.... It embraces the whole being, body and soul... and everything is consecrated in the name of the Triune God".

The sign of the Cross and the name of the living God therefore contain the proclamation that generates faith and inspires prayer. And just as in the Gospel Jesus promises the Apostles that: "When the Spirit of truth comes, he will guide you into all the truth" (Jn 16: 13), so it happens in the Sunday Liturgy, from week to week, when priests dispense the bread of the Word and of the Eucharist. The Holy Curé d'Ars also reminded his faithful of this. "Who welcomed your soul", he asked, "at the beginning of your life? The priest. Who feeds your soul and gives it strength for its journey? The priest. Who will prepare it to appear before God, bathing it one last time in the blood of Jesus Christ? The priest, always the priest".

~ Pope Benedict XVI, Angelus Message, May 30, 2010

The BLD Trenton Singles Family invites you to
COMMUNITY DAY @ THE CARNIVAL
Saturday, August 3rd
10AM-5PM
Veterans Park - Berkeley, NJ

FREE ENTRY **PRIZES** **GAMES** **+ MORE**

Questions?
Contact: Keith Rodriguez, Arlene & Eric Tan

Online Giving

You can now send your tithes and love offerings via **Paypal**. Donate link can be found at www.bldtrenton.com

Or mail check to:
BLD Trenton Foundation, Inc.
P.O. Box 1367
Toms River, NJ 08754



God's Blessings

Birthday

Jojo Dominguez	June 21	Janis Carvajal	June 24
Cherry Butulan	June 22	Arlene Carvajal	June 24
Robert Raymundo	June 22	Keith Rodriguez	June 25
Jocelyn Rodriguez	June 22	Kimberly Quiambao	June 25
Lilia Senter	June 22	Elizabeth Cintron	June 26
Joel Bermudo	June 23	Ariel Mazo	June 26
Mey Alabastro	June 23	Tina Quiambao	June 26
Mary Hennedy	June 23		

Anniversary

Derek & Sheryll Dela Cruz	June 21
Ernie & Nelia Doropan	June 24
Alex & Dette Santos	June 24
Archie & Kagot Arigorat	June 25
Art & Carol Vicencio	June 25
Jonathan & Kathy Iglesias	June 26

Who Are You Gonna Call (or Text)?

For Mama Mary's visit - Beth Felibrico 732-995-7407
For Prayer Service - Mary Anne Arias 732-688-3962

Last Week's Prophecies

- "There's nothing you can do without My grace. Learn from Me. Follow Me and walk the path to eternal glory."
- "My children of BLD Trenton, nurture, tend, and feed the 8 seedlings that you have planted in My Name."



- "My beloved and faithful disciples, one thing is necessary for your service to Me : trust. Trust in My ways, trust in My will for you; and trust in everything I make you do, knowing that I am always with you. "
- "I have called you by your name because I know you. Do not fear. I will never abandon you. Continue the works. Continue the mission I've given you. Bring the good news to the ends of the earth."
- "Are you still fearful and doubtful? Tired and burdened? Why? You have done great works for Me for the last 23 years. You have been faithful in your service. Do not be afraid. The harvest is plenty but the workers are few. But I will be with you always. Go forth. Do the works and do it for My glory."

Spirit Of Peace



Peace I leave with you: Jesus demonstrates that meekness is possible. He incarnated it precisely in the most difficult moment, and he wants us to behave that way too, since we are the heirs of his peace. He wants us to be meek, open, available to listen, capable of defusing tensions and weaving harmony. This is witnessing to Jesus and is worth more than a thousand words and many sermons. The witness of peace.

The Spirit is universal; he does not remove cultural differences, differences of thought, no. He is for everyone, but each one understands him in his or her own culture, in his or her own language. The Spirit changes the heart, broadens the view of the disciples. He enables them to communicate to everyone the great, limitless works of God, surpassing the cultural confines and religious confines within which they were accustomed to thinking and living.

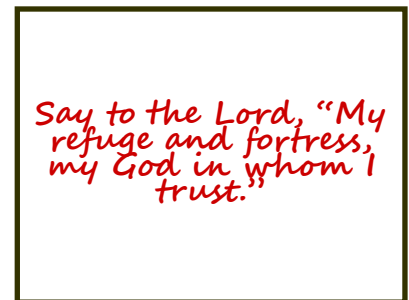
~ Pope Francis

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know that Jesus is with us because we lose sight of who He really is. Jesus is Emmanuel "God with us." Because Jesus is in and with us, our apprehension and anxiety are assuaged by His tender comfort and assurance. He helps us to remain calm and be at peace above all understanding as He walks with us through our "storms."

"Have you no faith?" This question of Jesus has a deeper meaning that goes beyond "calming the storms of our life." Trusting Jesus means surrendering our whole being to Him, even if we cannot understand why, and always relying upon His guidance (cf. Prv 3:5-6). Just as Jesus prays not for His

will, but God's will to be done (cf. Lk 22:42), we should have the same attitude of letting our Sovereign God take control of our lives. This brings about a peaceful rest to our mind and soul. Having complete faith in Jesus and abiding in His will sustain us for eternal life (cf. Jn 3:16) and secure our salvation (Acts 16:31). St. Paul reminds us to put our hope in Christ not only for this life (for healing, peace, joy, understanding, earthly blessings, etc.), but also for the afterlife because of His resurrection (1 Cor 15:19-20). And, as expressed in our promise this week, "They cried to the Lord in their distress...he rescued them," (Ps 107:28)



Prayer:

Lord, nothing in this world can bring us comfort and peace that You alone can offer. Thank you for understanding our trials. You truly care for us. Through our own struggle and pain, help us to be Your vessel to offer comfort and strength to others who need help. Amen.

Adapted from www.bldworld.org